



## **William Law C E Primary School**

### **Policy for Sex and Relationship Education**

Policy shared with staff on                      Intranet [by email/staff briefing]

Policy confirmed by the Governing Body of William Law CE Primary School on:

Date:    4<sup>th</sup> October 2017

Signature:    Sue Bennett

Policy to be reviewed on:                      October 2020

***This policy is written in line with the Christian values and ethos of our school***

## **POLICY FOR SEX AND RELATIONSHIP EDUCATION**

At William Law School we value the importance of sex and relationship education to help and support young people through their physical, emotional and moral development. This programme is linked closely to the Policy for Personal, Social and Health Education, Sex and Relationship Education Guidance and the National Healthy School Standard Guidance.

We recognise the partnership of home and school, of parent and teacher, in this important area of personal development.

Sex and Relationship education is a continuing, developmental process, which includes the exploration of attitudes and values and the development of skills, as well as the presentation of factual knowledge. As with all other learning, it should be gradual and matched to the child's maturity and stage of development.

Sex and Relationship education teaches children to develop an awareness of, and respect for, themselves and others. It aids the development of positive self-esteem, which will help children to cope with the challenges of personal growth. It enables children to be aware of the personal choices they can make and prepares them to make responsible decisions. It is about exploring feelings and emotions and enjoying confidence in one's own ability.

As part of the sex and relationship education framework, pupils are taught about the nature and importance of family life and bringing up children. Pupils will learn about the significance of marriage and stable relationships. Care is taken that no child is stigmatised because of his or her home circumstances.

### **What is Sex and Relationship Education?**

Sex and relationship education is about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

Sex and relationship education has three main elements.

1. Attitudes and values:
  - learning the importance of values and moral considerations  learning the value of family life, marriage and stable relationships
  - learning the value of love, respect and care.
2. Personal and social skills:
  - learning to manage emotions and relationships confidently and sensitively
  - developing empathy and self-respect
  - learning to make choices without prejudice
  - appreciating the consequences of choices made
  - managing conflict
  - recognising and avoiding exploitation and abuse.
3. Knowledge and understanding:
  - learning about and understanding physical development
  - understanding human sexuality, reproduction, sexual health, emotions and relationships.

## **Aims and Objectives of the Policy**

- To develop feelings of self worth and self esteem.
- To nurture a responsible attitude towards personal relationships, such as aspects of mutual respect and care and to develop sensitivity towards the needs of others encompassing fidelity and loyalty.
- To foster the ability to manage relationships in a responsible and healthy manner in preparation for adult life.
- To promote the value of loving relationships and of family life.
- To recognise that marriage is an important context for family life.
- To empower children to make informed choices about their developing sexuality.
- To learn about their own bodies.
- To avoid situations where they may be sexually at risk.
- To develop the correct language for communicating about sex and relationship issues.
- To recognise appropriate sexual behaviour and to encourage responsible behaviour.
- To include parents/carers and members of the wider school community in the development of the Sex and Relationship programme and policy

## **Organisation of School Sex and Relationship Education**

Class teachers supported by the Health Professional, will teach sex and relationship education as part of the Science and the PSHE and Citizenship Curriculum. The subject will be taught in a cross-curricular way, encompassing all the elements within Personal, Social and Health Education topics, as well as expanding on human relationships, human and physical development and reproduction.

## **Sex and Relationship Education Programme**

Sex and relationship education is delivered within the Cambridgeshire PSHE and Citizenship Scheme of Work and the Science National Curriculum. The three broad themes within the PSHE and Citizenship framework are:- □ Myself and My Relationships

- Citizenship
- Healthy and Safer Lifestyles **See Appendix 1**

Within the Science Curriculum, the children should:

Key Stage 1:

- know that all creatures, including humans, move, feed, grow, use their senses and reproduce
- recognise the main external parts of their bodies
- know that humans and animals can produce offspring, which grow into adults
- recognise the similarities and differences between themselves and others, and treat others with sensitivity

Key Stage 2:

- know that the life processes common to humans and other animals include nutrition, growth and reproduction
- know about the main stages of the human life cycle.

Further guidance on lesson activities and resources for specific Year groups **see Appendix 2**

## **Inclusion**

In support of the Equal Opportunities Policy, all William Law pupils, regardless of age, ability, gender, belief or race, have the same opportunity to benefit from the sex and relationship education resources and teaching methods. Children with Special Educational Needs relating to sex education, will have

their needs addressed both within the class, and where appropriate, on a one-to-one basis with a Health Professional and parent/carer.

### **Specific Classroom Arrangements**

Mixed-gender classes will be the norm for sex and relationship education lessons. There will be some follow on sessions that are same gender to allow for more relevant discussions and questions. These are delivered by an appropriate member of staff supported by the school nurse. In all SRE lessons, teachers are to establish basic ground rules with pupils to create a safe environment for open discussion.

### **Dealing with Sensitive Issues**

Teachers are expected to answer children's questions relating to sex and relationship education in an open and factual way, taking into consideration the family background, culture, religious beliefs, and pupils' differing experiences. They will be supported in this by the school nurse.

Teachers should take particular care when answering questions of a sensitive nature and these will have been discussed in advance with the appropriate people. Questions on sensitive and/or personal issues will not be discussed openly but will be either redirected to parents/carers or the Health Professionals.

### **Confidentiality**

Any information disclosed in discussion to staff, volunteers working in the school and governors, that raises the possibility that a child is 'at risk', must be referred to the Child Protection officer in line with the Child Protection Policy. Health Professionals must follow our code of confidentiality unless working in a one-to-one consultation when they will follow their confidentiality policy.

### **Areas of Responsibility Governors**

- To ensure the legal framework is followed.
- To ensure teaching materials are appropriate within the framework of PSHE and Citizenship and the law.
- To ensure parents are consulted on the determination of the school's sex and relationship education policy.
- To implement the sex and relationship education policy through the Head Teacher.  To implement a four yearly review following monitoring and evaluation.
- To make, and keep up to date, a separate written statement of the school's policy with regard to Sex and Relationship Education.
- To make copies of this statement available for inspection by parents of pupils registered at the school and provide a copy free of charge to any parent who requests one.
- To include a summary of the content and organisation of Sex and Relationship education in the School Prospectus.
- Leadership team will undertake visits to view Sex and Relationships lessons
- Governors can talk to the teachers responsible for Sex and Relationship Education.

### **Head Teacher**

- To implement the Sex and Relationship Education Policy.
- To ensure the policy is followed.
- To liaise with the Governors on the teaching in school.
- To liaise with parents.
- To ensure the policy is reviewed at least once every four years.
- To disseminate information to staff.

- To respond to individual problems experienced by children, enlisting external agency support if appropriate.
- To ensure a safe and supportive teaching environment where teachers and pupils can work together.

### **PSHE Coordinator**

- To prepare and make available to class teachers long and medium plans for Sex and Relationship Education based on the Cambridgeshire PSHE and Citizenship Scheme of Work.
- To monitor and evaluate planning and delivery of lessons
- To offer support and advice to teachers in their delivery of Sex and Relationship Education
- To liaise with parents/carers, Health Professionals and appropriate agencies.

### **Class Teacher**

- To prepare short-term plans for Sex and Relationship Education.
- To ensure the correct and appropriate resources are available.
- To respond to the individual needs of children, giving relevant support should a child be experiencing difficulties.
- To liaise with Health Professional regarding the delivery of Sex and Relationship Education within the PSHE and Citizenship curriculum.
- To support parents with any questions and concerns regarding Sex and Relationship lessons.

### **Working with Parents**

The school seeks to work in partnership with parents. Parents are vital in teaching children about sex and relationships, maintaining the culture and ethos of the family, helping children to cope with the emotional and physical aspects of growing, and preparing them for the challenges and responsibilities that sexual maturity brings.

The school provides support to parents in helping children learn the accepted names of the body, talking with the children about their feelings and relationships, and answering questions about growing up, having babies, relationships and sexual health.

The policy for Sex and Relational Education is available in school for all parents to inspect and a summary of the policy is published in the annual School Prospectus. Parents are consulted before any substantial changes are made in the school's policy. Parent/carers of Yr2 and Yr 4 children are also invited to a resource sharing session.

### **Resources**

- Living and Growing videos and Resource packs for Year 2, Year 4 and Year 6
- 'Some of our bits ain't nice' video provided by the School Nurse dealing with personal hygiene for Yr 4
- Video dealing with menstruation sponsored by Allways provided by School Nurse for Yr 5 girls.
- 'Our Clean Gang' video on personal hygiene provided by School nurse for Reception children.
- 'Mummy I laid an egg' Babette Cole
- 'Let's Talk about Sex' Usbourne
- School Nurse

- The Peterborough Toolkit for the Development of Sex and Relationships Education in Schools
- Healthy Schools Guidance for Schools PSHE education and Emotional and Emotional Health and Well being

### **Child Withdrawal Procedure**

As Sex and Relationship education is taught in a cross curricular way it is not always possible to single out lessons that are essentially 'sex education' lessons. On those occasions, (and these will mainly for children in years 3 to 6), when specific sex education lessons are to be given, notification will be sent to parents in advance.

If parents wish to withdraw a child they should discuss this directly with the Head Teacher. In the event of a child being withdrawn from a lesson, that child will be provided with appropriate, challenging work until the sex education lesson is over. Parents have no rights to withdraw their child from lessons in which national curriculum is being taught.

### **Procedures for Reviewing the Effectiveness of the Programme**

Staff and Governors review the Sex and Relationship Education Policy at least once every four years.

Further Information

### **Useful Documents and Resources**

DfES Sex and Relationship Education Guidance (Circular 0116/2000)

DfES National Healthy School Standards Guidance 1999

QCA The National Curriculum Handbook 2000 for Primary Teachers in  
England

QCA Personal, social, and health education and citizenship at key stages 1  
and 2 : Initial guidance for schools 2000

Ofsted Sex and Relationships (HMI 433) 2002

*Sex Education Forum* [www.ncb.org.uk/sef](http://www.ncb.org.uk/sef)

*Wired For Health* [www.wiredforhealth.gov.uk](http://www.wiredforhealth.gov.uk)

## **Appendix 2**

### **Further Guidance on Lesson Activities and Resources for Sex and Relationship Education at William Law**

In all SRE lessons, it is important to establish basic ground rules to set up a climate of trust so children are not embarrassed during open discussion.

Question boxes are sometimes a helpful tool. Pupils can place important issues on the agenda without personal embarrassment.

To ensure year on year progression in SRE and sufficient coverage, the following activities should be implemented, in addition to or alongside the PSHE and Citizenship Scheme of Work and Science curriculum.

#### **Specific activities/resources and school nurse involvement for each Year group.**

Reception: School Nurse to visit Spring Term re hygiene and show *'Our Clean Gang' video*.

Yr 1 : deal with aspects of SRE as part of Ourselves topic.

Yr 2 : Summer Term. *Use of Living and Growing Year 2 video (edited version)* to support SRE delivery.

Naming body parts. Example activities:- 'Graffiti wall' In groups go up to big sheet on wall and label body parts using words they know. Draw a body/round a friend. In groups, label body parts. Stress it's fine to use names that they might use at home.

Important to cover personal hygiene as well. Cross curricular link with maths and datahandling e.g 'Who prefers a bath?' etc.

Yr 3 : Build on Year 2 work. As part of healthy lifestyles, School Nurse to talk to each class about hygiene including handwashing sessions.

Yr 4: Use of Living and Growing Yr 2 video progs 1 and 2 and 'Some of our bits ain't nice' video provided by the School Nurse.  
School Nurse involvement.

Recommended resource sheets for Prog. 1 :-

'Girls and Boys'

'Naming Body Parts' e.g draw body and label with flashcards. Children in groups. Roll a dice and if a six, group six pick a body part to label etc

'Life Cycles'

Recommended resource sheet for Prog. 2: Sheet 10 Birth Factfile for homework.

Yr 5: Body differences and physical/emotional changes during puberty

Living and Growing Year 4 Prog. 1 'Changes'

Menstruation video for girls provided by School Nurse

'Boy Talk' Living and Growing video Yr 6 Prog. 2 for boys.

School Nurse involvement in all the above.

Yr 6: Living and Growing Year 4 Programmes 2 and 3 on reproduction and how babies are born. School Nurse to lead. Class teacher use Year 6 Living and Growing video 'Let's Talk about Sex' prog. 3 with own class.  
This can be paced out over the summer term.