#### How can I help my child?

No parent expects or wants their child to be either a bully or a victim. You can help your child by supporting in the following ways.:

- Develop pride in themselves and their achievements
- Develop self-confidence.
- Develop understanding of the views of others.
- Discuss ways of controlling feelings of anger. E.g. by counting to ten, walking away, thinking of a positive role model who would not act in that way.
- Discuss ways of standing up for yourself without resorting to aggressive talk or actions.
- Encourage mixing with variety of friends.

#### **IMPORTANT:**

Emphasise the importance of telling an adult if your child feels bullied. Only by doing this can the child be helped and the bullying stopped.

## What does the school do about bullying?

- The school will not tolerate any form of bullying.
- Members of staff will always follow through a complaint of bullying.
- The school has a clear policy on bullying and procedures should bullying occur. A copy of this can be found on the school website.
- If you have any concerns that your child maybe being bullied. please speak with your child's teacher. The school will then investigate the incident., or Lisa Crowther, (Family Support Co-Ordinator).

lisa.crowther@williamlaw.peterborough.sch.uk

You will be kept informed during any investigations and of the outcomes.



CE Primary School

# **PREVENTING BULLYING AND PROMOTING** RESPECTFUL **RELATIONSHIPS**

**INFORMATION** FOR PARENTS

Our respectful relationships ethos is not a system to enforce rules, but a system focused upon promoting good relationships so that children and adults can work and use language together with the common purpose of respect in order to learn. The school expects every member of the school community to behave in a respectful and considerate way towards others

# We characterise respectful relationships by the following:

- cooperation and compromise.
- consideration towards people and property.
- happiness.
- honesty.
- trust.
- empathy.
- differences and diversities are welcomed.
- others are treated with dignity.
- points of views and beliefs are valued.
- people are accepted.
- a person can make a mistake and can still be accepted and respected.

- people can listen and be heard.
- regard is given towards other people's feelings.
- personal growth and fulfilment is encouraged.
- Children and adults are kind, well mannered and supportive.

There are times when children get involved in disagreements. When they are angry they may hit out, say unkind things, argue with each other or challenge the boundaries of acceptable behaviour. Sometimes this anger boils over as a result of tiredness. frustration, perhaps crowded conditions (eg the end of the day in the cloakroom), or as a result of provocation by another child. Although these one- off incidents are unacceptable, and are dealt with by the school's behaviour policy they are not bullying but are examples of disrespectful relationships.

### **Bullying is:**

- Selective. It targets one child.
- **Intentional.** The bully sets out to harm, upset or taunt the victim.
- Repetitive and sustained.

  It happens over a period of time with no thought of stopping.
- Often secret. It is carried out in hidden places, away from the main hub of school activity.
- Often accompanied by threats. " Don't tell or I'll...."